

INJURY POLICY:

All injuries must be reported immediately to a Coach AND the Director. After a major injury, a player must turn in a written clearance from her doctor before she can return to practice.

USAV/AAU INSURANCE:

USAV insurance covers practices, sanctioned events, competitions, and travel to and from such events. The coverage is secondary and only provides benefits after full payment on family insurance is used or if there is no other health insurance coverage in force. Benefits are limited to a maximum of \$5,000.00. When you register with AAU, you may purchase additional insurance for a nominal fee.

USAV and AAU REGISTRATION:

All Gulf Coast Jr. participants are required to be registered with the USAV and AAU. Parents will need to go to www.usavfl.org and www.aausports.org to register their daughter and pay the registration fee online with a credit card. Players MUST print out both membership cards. Middle School Players will be required to have both memberships at registration. High School Players are required to have AAU membership for registration and both USAV and AAU memberships for tryouts.

STATE & NCAA ELIGIBILITY: Gulf Coast Jrs. structures its program to be in full compliance with the State and NCAA rules and regulations. The Club strongly urges all players and parents to educate themselves on all state and institutional rules to ensure no infractions occur.

Disclaimer from Parents Information Guide: Players believing a director or coach of any USA Florida Region Volleyball Club has been intimidating, harassing or acting in an inappropriate manner in contact or recruitment should contact the Florida Region. The USAV requires that parents go to the USAV website (www.usavfl.org) and read the Parent Information Guide. We highly recommend that you print this booklet and keep it handy so you can refer to its contents, as necessary. We also strongly recommend that you make copies of the forms you have signed for your files, just in case you need them for future reference.

Parents should print out and read this booklet and keep it available to help answer questions that may arise.



Ken Deterding, Executive Director

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Gulf Coast Jrs. Volleyball Club is gearing up for its 22nd year in 2012. We are the longest running club in Pinellas County and have produced more of the top players and college bound athletes than any other Club. We offer girls between the ages of 10 and 18 the opportunity to learn the game of volleyball from many of the area's best coaches and the most experienced Club Director in the county. The program is designed to improve a player's volleyball skills and knowledge of the game through participation in structured practices and weekend tournaments. The training they receive prepares them for middle school, high school, and college level volleyball. Gulf Coast Jrs. helps players build confidence, promote healthy competition, develop leadership skills, instill the necessity of teamwork, goal setting, good health practices and dedication to the sport, and provide national exposure of our athletes to college recruiters.

Our Director and Coaches: Director Ken Deterding was inducted into the USAV Hall of Fame in 2006. He has more experience in coaching and playing than most coaches and directors in the state. Ken personally runs or assists a majority of the practices, giving him the ability to work with and guide every single player in his Club. Our coaches are constantly learning from Ken while bringing their own style and ideas to the court. Most of our coaches have been involved in the game of volleyball, both as players and coaches, for many years. Some have even played for Gulf Coast before competing in college and have returned to work for Ken. This is a true testament that his system works. See the "[Coaches](#)" page on our website for coach background information.

Our Player Experience: Gulf Coast Juniors Volleyball Club prides itself in teaching the game of volleyball to every athlete. Practices offer opportunities for the younger girls to work with and learn from more experienced players. This establishes a family atmosphere resulting in a more unified Club, where camaraderie spreads across the ages. We also bring in college and adult players (many of which are Gulf Coast alumni) to compete against our older teams. We are focused on boosting each player's skill set and knowledge of the game, while providing an environment for learning the value of teamwork, leadership, and physical fitness.

REFUNDS:

ONLY PERSONAL CONTRIBUTIONS MADE DIRECTLY BY THE PARENT ARE REFUNDABLE, AND THEN ONLY IN THE CASE OF A MAJOR INJURY OR ILLNESS. The amount refunded will be pro-rated based on the length of participation. All refunds must be approved by the Club Director of GCJVC.

Funds raised from sponsors cannot be refunded at any time. Any credit will remain in the account from season to season. If a player graduates or does not return, all remaining funds in her account can be transferred to another member designated by the departing player OR the money will go into the general fund for Gulf Coast Jrs., Inc.

FUND RAISING & DONATIONS:

All money raised by the player will be placed into her personal GCJVC account and will be used for tuition and/or travel expenses. Parents may wish to contact corporations for sponsorships. These donations must be made payable to Gulf Coast Jrs. Volleyball Club (GCJVC) and the name of the sponsored athlete must appear on the check. The "2012 Sponsor Letter" is available on our website. There will be a "Sponsor Page" on the website for ads.

We will also have a "Serve-A-Thon" to help players raise money for their tuition. The form for this fundraiser will be posted on the website, as well.

You may put money into your account at any time. If you have a question about your account, call Ken Deterding 941-723-9125. Teams or individuals may coordinate other fund raising events to help offset expenses. All proceeds from these types of activities will also be deposited directly into the athlete's personal GCJVC account.

PARENT PARTICIPATION:

We know the importance of parent involvement and welcome your support. Parents can help getting food for the players during the breaks at tournaments (requires taking orders, collecting money and picking up sandwiches, etc.)

PARENTS SHOULD:

- Ally themselves with the coach in teaching their daughters to cope with the natural frustrations of being a member of a competitive team. Athletes will learn how to deal with demanding superiors, be a cooperative team member, make use of positive and negative feedback, achieve “mental toughness,” and be a good sport whether they win or lose. All of these are important values that will help them throughout life.
- Encourage their daughter to demonstrate a high level of commitment to their team. Those who play with a good attitude and lots of energy are vital to the success of their team. Players can show their commitment by coming to practice early, helping set up the nets and taking them down, staying late, displaying enthusiasm on and off the court and being supportive to other players.

IF A PLAYER HAS A GRIEVANCE:

1. The player should discuss the problem or concern with her coach and try to arrive at a solution.
2. If this discussion does not solve the problem, the player should make an appointment to meet with her coach and the Director.
3. If the player’s concern is still not satisfied, a meeting will be scheduled for the player, parents, Coach and Club Director in order to reach a solution.

IF A PARENT HAS A GRIEVANCE WITH A COACH:

- The Club Director should be contacted either by telephone, written communication OR AFTER practice.
- Please do not approach a Coach or the Club Director on the court at practice or during a tournament.

We field teams at the following levels: *Refer to this chart to determine your age group*

18 & under - high school Juniors and Seniors

Players who were born on or after Sept. 1, 1993

17 & under - high school Juniors

Players who were born on or after Sept. 1, 1994

16 & under - high school Freshman and Sophomores

Players who were born on or after Sept. 1, 1995

15 & under - high school Freshman

Players who were born on or after Sept. 1, 1996

14 & under - middle school 7th and 8th graders

Players who were born on or after Sept. 1, 1997

13 & under - middle school 7th & 8th graders

Players who were born on or after Sept. 1, 1998

12 & under - 6th grade and elementary school

Players who were born on or after Sept. 1, 1999

11 & under - elementary school

Players who were born on or after Sept. 1, 2000

10 & under - elementary school

Players who were born on or after Sept. 1, 2001

Registration:

When: Tuesday, November 1, 2011
Thursday, November 3, 2011

Where: Belleair Recreation Complex, Dimmit Community Center
918 Osceola Road, Belleair, FL 33756

Time: 6:00pm to 7:30pm for all elementary and middle school players
7:30pm to 9:00pm for all high school players

All prospective members are required to come to Registration. The player’s skill level and general athletic ability will be evaluated, which will enable coaches to determine proper team placement.

From November 8 through December 29, practices will be held on Tuesday and Thursday nights (with the exception of Thanksgiving week), for the purpose of forming teams. Same practice times as above.

GCJVC will also be offering workout sessions for girls who may not be committed to playing on a Club team. Cost would be \$150 a month or \$50.00 per week, practicing 2 nights a week. More information will be posted on our website in the future.

Registration:

Membership forms are available at our website, www.gulfcoastjrs.com. Go to About Us and click the Forms tab. Print, complete, and sign each of the forms and bring them to registration. Please use black ink.

What to bring to the registration:

- All membership forms. Each page requires parent and player signatures. Medical Release form needs to be notarized.
- AAU membership card (go to www.ausports.org to purchase your membership- \$12.00)
- USAV membership card (to to www.usavfl.org to purchase your membership - \$55.00)

Note: High school players are only required to have the AAU membership for registration during the month of November. Once the High School State Tournament is over, players will need to purchase their USAV membership.

- A COPY of the player's Birth Certificate. If you turned one in last season, we will have it on file. You do not have to bring in another one.
- \$75 Registration Fee and First Tuition Payment.

Note: Players, who will be playing basketball (or any other sport) in school and are not able to start Club Volleyball until that sport's season is over, MUST register with us, pay the USAV/AAU registration fees, registration fee and pay for their uniforms during the registration period, whether or not they can actually participate. Tuition payments must be made according to the payment schedule.

Tryouts:

All tryouts will be held at: Belleair Recreation Complex, Dimmit Community Center, 918 Osceola Road, Belleair, FL 33756

Middle School:

When: Tuesday, November 1, 2011
Thursday, November 3, 2011

Time: 6:00pm to 7:30pm

High School:

When: Tuesday, November 29, 2011
Thursday, December 1, 2011

Time: 7:30pm to 9:00pm

COACHES:

The coaches are responsible for the composition of the teams. The Director and Coaches will organize teams in such a manner to maximize playing time and the advancement of all players. It is possible for a player to play on different teams during a single season. Players should view this as an opportunity to excel, learn and interact with other Club members.

PARENT / PLAYER / COACH RELATIONSHIP:

Athletes will learn many positive values such as: cooperation, teamwork, self-discipline, and personal fitness. In order for players to achieve these values, it is important for the adults around them to set the proper example. We expect our coaches to be positive role models for your daughters.

PLAYERS WILL PLAY AT THE DISCRETION OF THEIR COACH. THE LEVEL OF THE COMPETITION, THE ABILITY OF THE ATHLETE, THE NEEDS OF THE TEAM AND THE IMPORTANCE OF THE TOURNAMENT WILL DICTATE THE AMOUNT OF PLAYING TIME FOR EACH PLAYER.

It is important for parents to realize that there may never be a perfect balance between the goals and priorities of the coaches and parents. While each group has their own perspectives, both groups share a mutual interest in the player's development of volleyball skills and attitudes.

TOURNAMENTS

The objective of playing in tournaments is to give teams an opportunity to compete against various teams in the state and country. A tournament schedule for each team will be completed and posted on the website shortly after the season begins.

STRICT BEHAVIOR GUIDELINES WILL BE ENFORCED. SEE PAGE 2 OF THE FORMS PACKET FOR THE ATHLETIC CODE.

It is the responsibility of the parent to provide transportation, room, and meals at all Florida Region USAV or AAU events. If parents are unable to take their daughter to an event, the player should notify her coach, at least one week in advance, so he/she can help you with hotel/carpool arrangements.

Players are responsible for having the proper uniform and equipment at each tournament. Players, who are packing for out-of-state trips, should pack all of their uniform needs in a carry-on bag, which conforms to the airline size limitations. All other clothing, etc. should be packed in a small suitcase and checked into baggage. It is the player's responsibility to have their uniforms laundered and free of wrinkles, stains, tears, etc.

UNIFORMS

Uniform costs are not included in the tuition costs. We will not be purchasing new uniforms for the 2012 season. If you were a member with Gulf Coast in 2011 and your uniform is in good condition, you will not be required to purchase a new one. The order forms will be available on the website.

Sample uniforms will be available for sizing purposes. Make checks payable to GCJVC.

PRACTICES: Practice nights are **Tuesday and Thursday**. If you have any special requests (carpooling, etc.), you should use the "comment" area on the Player/Parent Information Form.

PRACTICE SCHEDULE: All teams will practice 2 nights a week. All practice schedules will be posted as soon as teams are formed. The Club season will end after the last tournament in May.

WHAT DOES THE TUITION FEE INCLUDE?

Tuition for all teams includes:

- non-refundable registration fee
- tournament entry fees
- Club operating costs (facility rentals, coaches salary, etc.)

Players will stay with parents in their hotel rooms when playing in tournaments that require hotel stays. Players will be responsible for their food, personal items and souvenirs at all Club events. Uniforms and the USAV/AAU memberships are not included in the tuition. Parents provide transportation to practices and all tournaments.

Teams traveling to out-of-state tournaments will be responsible to pay an additional cost, which covers the tournament entry fee and ALL coach's costs (salary, transportation, hotel and food). Parents will be responsible for transportation to the out-of-state tournament and the player will stay with their parent(s) in the hotel.

High School Juniors and Seniors should keep our tournament schedule in mind when scheduling their SAT and ACT Testing.

Members of our Club MUST COMMIT to go to ALL tournaments. We will post a tentative tournament schedule as quickly as possible. If you determine a conflict in being able to commit to any of the tournaments, you MUST tell your Coach immediately.

For Players whose team is traveling out-of-state : PLEASE understand that if a player decides she is not going to a tournament for ANY reason, other than an injury (doctors note will be required), her parents will still be responsible to pay the additional tournament costs, since these costs are determined on ALL players attending. There are no exceptions!

2012 FINANCIAL OBLIGATIONS

It is the responsibility of the parent to insure that all membership fees are received on or before the due dates. All payments can be made in cash, check or money order, made payable to GCJVC (Gulf Coast Jrs. Volleyball Club).

| 12 & Under Teams | Fee | Date Due |
|-----------------------------|-------------------|-----------------|
| Registration Fee | \$ 75.00 * | Nov. 1, 2011 |
| First Payment | \$125.00 | Nov. 1, 2011 |
| Second Payment | \$300.00 | Dec. 5, 2011 |
| Third Payment | \$300.00 | Jan. 2, 2012 |
| Final Payment | <u>\$300.00</u> | Feb. 6, 2012 |
| Total | \$1,100.00 | |

| 13 & over Teams | Fee | Date Due |
|----------------------------|-------------------|-----------------|
| Registration Fee | \$ 75.00 * | Nov. 1, 2011 |
| First Payment | \$387.50 | Nov. 1, 2011 |
| Second Payment | \$462.50 | Dec. 5, 2011 |
| Third Payment | \$462.50 | Jan. 2, 2012 |
| Final Payment | <u>\$462.50</u> | Feb. 6, 2012 |
| Total | \$1,850.00 | |

***Registration fee is non-refundable.**

Players whose teams travel to out-of-state tournaments will pay an additional fee, which includes the tournament entry fee and ALL coach's costs. Parents will provide transportation and players will stay with parents in a hotel of their choice.

COMMUNICATIONS

Our Club prides itself on having extraordinary communication with our players and their parents. We work very hard to achieve this goal. Being able to publish information on our website and sending emails to everyone, makes this effort easier and much more efficient. If you have any questions, please contact Ken Deterding, by email gcjvb@tampabay.rr.com or by phone 941-723-9125, or Lindsey Crosby, by email gulfcoastjuniors@gmail.com or by phone 727-452-0779.

If you do not have a computer, you must tell your coach. Parents will be responsible to determine the best way to communicate with your coach.

***During the Club season, updates can be made to the website and emails can be sent on a daily basis. Therefore, it is VITAL that you get into the habit of checking the website and your email DAILY ! ! ! If parents have a different email address than their daughter and would like emails sent to them as well, please be sure to put that email address on the Player/Parent Information Form.*

As soon as teams are formed, a team roster will be emailed to you. The roster will include telephone numbers and email addresses of each team member and their coach's email address.

We like to publish photos on our website "Photo Gallery". If you take pictures at a practice or at a tournament and you would like them published on the website, please email them to Lindsey Crosby at gulfcoastjuniors@gmail.com.